



Becoming Whole Women in Christ

Women's Ministry Newsletter

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Message from the First Lady

Sis. Ellen P. Barney

The world, in which we live, is a dynamic environment. We see this with the changing of the seasons. We recently came through an unusually frigid winter! Now, we are entering the Spring and Summer seasons. Being said, we can take a deep breath with the mindset that there will be no more icy conditions, snow, and layered clothing to protect us from these elements. Spring produces relief of refreshment—new growth! Summer generates relaxation with time off from work to go on much-needed vacations, to spend fun times in the sun with family and friends, and of course no more layered clothing!

With so much relaxation during the summer months, how are we planning our time with God? Will those months involve no time to engage in fasting and praying? Will studying His Word be a priority? Will fun time be deemed primary and seeking His desire be considered secondary? Will abiding in His presence take precedence first thing in the morning? Or will we hold off said activities until Fall?

Fortunately for us, our Lord doesn't take a vacation for He is on call twenty-four/seven! We must thank Him for being on call twenty-four/seven to protect, provide, secure, refresh, comfort, and love us, His children. Not only is He watching over His own, but He is controlling and watching the entire universe! Wow, what a God! Indeed, He is **Jehovah Jireh**—God, the provider; He is **Elohim**—God the Creator; He is **Adonai**—our Lord and Master! His attributes speak volumes concerning His power, knowledge, and presence! His sovereignty does not need to take a Spring break or a vacation because He is God! For the reason that He is our Lord, we should keep Him foremost above everything, everyone! When it's said and done at the end of this life, **He will be there to carry us to our perfect environment! What more do we want?!**

I would like to encourage you to take the time to read this Spring/Summer edition of Becoming Whole Women in Christ (BWWC) Newsletter. If you are interested in submitting articles, please contact the BWWC ministry leader listed on the last page of this edition.

Again, enjoy our Spring/Summer edition.

In Christ, Sister Barney



Spiritual Maturity – Developing Intimacy with God

By Sis. LaCountess Ingram



I once heard that *Intimacy* stood for *Into Me You See*. God desires that we look into Him and learn of Him and that we open ourselves to Him so that a deep relationship can really develop and grow. We

are created to desire intimacy and have solid relationships. Our loving Father desires to show us a deeper view of Himself and His attributes as well as the thoughts and plans He has for our lives. From Genesis to Revelation we read of a God who loves his people and desires to have fellowship with them. Two examples are **Jeremiah 29:11-14** and **Matthew 11:29-30**.

I ask and you may also ask, “Can it be true that the **Creator** of all desires to know ‘lil me so intimately?” The answer is an emphatical, **YES!** To know that God Almighty wants to be intimate with me is amazing and David captured it best when he asked in **Psalm 8:4 (KJV)**: “*What is man, that thou art mindful of him? and the son of man, that thou visitest him?*”

An important key to developing intimacy with God is through a disciplined, regular (daily) pattern of communication with God, which is achieved through prayer. Prayer must be the priority in the life of every believer and to forgo this vital discipline will leave us lifeless and unfulfilled. To successfully carry out the discipline of prayer, which is communicating with God, we must look to the patriarchs of the Bible and our Savior Jesus Christ as examples to encourage and strengthen us. Jesus, King David, and Paul spent quality time with the Father daily and we must do the same.

In a book I read, *Growing Toward Spiritual Maturity* by Gary C. Newton, he writes, “While communication from the heart of man seems to touch the heart of God, external prayer that have no personal meaning do not

seem to make any connection. God desires His children to draw close to Him in prayer. Through prayer we tap into recourses that God has for us to grow into His likeness.”

Our prayer must be purposeful. Even though God knows all about us, He still desires for us to come and share what is on our heart and mind. The proper Christian attitude should be that of submission to God’s will, not achieving our own will.

The components of a rich prayer include:

- Worship- appreciating God for who He is.
- Confession- acknowledging sin
- Adoration- telling God how much you love Him
- Praise- paying tribute to what God does and remembering His favor
- Thanksgiving- deep sense of gratitude
- Intercession- asking God to meet the needs of others
- Requests- telling God every detail of what concerns you.

Reading daily God’s Holy Scriptures will also strengthen and help us in building intimacy with Him. The Bible is known as God’s precious love letters to His people. It teaches us how to live well, love well, and be well in Him. Reading God’s Word gives us insight on His attributes, expectations, likes, dislikes, triumphs and tragedies. A daily diet of His Word will also enrich our prayer life because we begin communicating back to Him what He has promised in His Word. Praying God’s Word is praying God’s perfection that will render results in accordance to His perfect will.

In closing, if you are looking to become spiritually mature, one **must** develop intimacy with God through prayer.

I am Standing...

By Sis. Vincia L. Gordon

I am standing...

Taller than the shadows in my life,
Devoted, faithful,
Sister, mother and wife.
Psalms 139:14 declares that I am
wonderfully made,
Which causes doubt and pointing
fingers to fade.



God paves the right places for me to
walk,
and armors me against the devil's stalk.
I am standing, evolving,
For the whole world to see,
Confidence and commitment,
to the Christ in me.

Scriptural references for further reading: Psalm 139:14; Psalm 119:105 and Psalm 27

About: Sunday School

By Sis. Chanel Trussell

Do you have a heart for children? Do you enjoy spending time and providing God-centered, Biblically sound instruction to our little ones? The Sunday School Ministry needs you. They need teachers and spiritual assistants who aid teachers in classroom activities. The classes are grouped by grade (Pre-K, K-1, 2nd-3rd grade and 4th-5th grade). Please contact Sis McGinnis or reach out to me, Sis Chanel Trussell (I teach K-1 in Sunday School). To God be the glory!

Three Practical Tips from a Senior Wife to a Young Wife

By Sis. Grace Godfrey



Marriage is a mystery. Marriage is hard. Marriage requires work. It can be the best thing that ever happened to you or the worst thing that ever happened to you. Marriage needs lots of love, more patience and even more forgiveness.

Two strangers coming together, living in close quarters, surviving all that life throws at them, and emerging 44 years later in love with each other is a mystery that only God could create ~ Ephesians 5:31-32.

I have found that love is not a trophy to be placed on a mantle. It is more like a tiny plant God commissioned you to maintain. It can live, or it can die. It is up to you to nurture it.

I am submitting three practical tips that helped me to nurture my plant.

TIP 1: Do not try to change your husband. Why? It does not work. In fact, constantly nagging him to change can cause a slow, subtle erosion of that "many splendid feeling" he has for you. Do not try to stuff him in a box of your own creation. If you persist, one day, he may look at you across the table and feel absolutely nothing for you.

TIP 2: Every day, think of three things you genuinely admire about him and verbalize it to him. He cannot read your mind. Just weave it into the conversation. Why? God gave him an ego that needs to be fed by you, his wife. He will never admit this. There is no need to discuss this with him. A man without this in his marriage eventually feels like a wilted plant, lacking the essentials for vibrancy. If you just start watering it, in time, it can become vibrant, contented and may even bloom again!

Three Practical Tips from a Senior Wife to a Young Wife (continued)

By Sis. Grace Godfrey

TIP 3: Every day, think of three things he has done for you (even very simple things) and thank him. Why? Even Jesus needed a "Thank you". He cleansed ten lepers, and only one returned to say thank you. He wanted to hear thank you ten times as he looked for the other nine (Luke 17:17). Remember God made man in His own image. Therefore, we need to thank one another.

I submit to you a husband who feels free to be himself, feels admired by his wife, and is frequently thanked, is more likely to run home to please his wife. When a man says "I love you" he means that HE LIKES HOW HE FEELS ABOUT HIMSELF WHEN HE IS WITH YOU. If you doubt this, put your husband on a diet of trying to change him, without the criticism and ingratitude

and observe how the love is working out when you apply these tips.

I am not suggesting that you must cater to every man's ego. I am suggesting that the one you chose to marry and live happily with could use some ego care by you, his wife. I will go further to say he needs it.

Now having said all that, did I follow my own instructions 100% of the time? **Absolutely not!** But by the grace of God, I must have succeeded 51% of the time, and just maybe that was enough to emerge 44 years later absolutely in love with the man I married! It is a mystery that I prefer his company to anyone else's in the whole wide world.

I challenge you to try these tips for three days and then you just might try them for three more.

The Glorious Vision

A poetic expression of the book of Habakkuk

By Sis. Rosalind Dyson

Our life dreams, goals and aspirations should be based on a God-inspired vision.

We all have a destiny; each assigned a Kingdom purpose and mission.

A relationship with the Vision-Giver is a required precondition, not just having religion.

Before it is given, we have to be prepared, equipped and in the right position.

View life from God's perspective; with obedience, heeding to his direction.

To grasp this vision, it takes more than personal strength and self-determination.

The quest and desire to embrace the vision is Holy Ghost driven.



The vision is not just for personal gain, selfish ambition or worldly recognition.

Once given, God commanded the vision to be transcribed and plainly written.

So others will know of the coming Judgment, destruction and devastation.

Looking beyond the afflictions, giving them hope in God with joyful anticipation.

For the vision to manifest, it will take patience, time and steadfast conviction.

With faith, we have to wait and watch for it to come to fruition.

Do not be discouraged by a world of violence, injustice and evil conditions.

The Glorious Vision

A poetic expression of the book of Habakkuk (continued)

By Sis. Rosalind Dyson

We can't let demonic opposition cause us to have a defeatist disposition.

God's plans and promises will come to pass; for they are divine revelations.

Live by faith; believing God is moving and working it out to a victorious completion.

God will provide His people with protection, deliverance and eternal Salvation.

Faint not; we must continue to pray and make known our petitions fervently.

With trust, stay focused on what God has inspired us to envision.

Our Omnipotent Lord will be victorious, for He rules and reigns over all creation.

Woe to His foes; by the Vindicator's mighty hand they will suffer annihilation.

At the appointed time, we will see the fulfillment of God's Holy prediction.

We will look up and witness Jesus' brilliant appearance; what a glorious exposition.

Jesus Christ will return and be met with worship, praise and exaltation!

Upcoming Events

Women's Prayer Service & Seven Last Words Service
April 19, 2019

Spring Harvest
May 26, 2019

New Antioch Baptist Church Summer Camp
June 17 – August 9, 2019
Cost is \$140/week or \$1,040 for 8 weeks per child
\$100 non-refundable deposit due at time of registration
* Contact the church for more details

Pastor & Church Anniversary and Church Picnic
August 25, 2019

Usher's 26th Anniversary
September 22, 2019





*But the **fruit** of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.*

Galatians 5:22-23

*You did not choose Me but I chose you, and appointed you that you would go and bear **fruit**, and that your **fruit** would remain, so that whatever you ask of the Father in My name He may give to you.*

John 15:16

*For there is no good tree which produces bad **fruit**, nor, on the other hand, a bad tree which produces good **fruit**. For each tree is known by its own **fruit**. For men do not gather figs from thorns, nor do they pick grapes from a briar bush.*

Luke 6:43-44

*Abide in Me, and I in you. As the branch cannot bear **fruit** of itself unless it abides in the vine, so neither can you unless you abide in Me. "I am the vine, you are the branches; he who abides in Me and I in him, he bears much **fruit**, for apart from Me you can do nothing.*

John 15:4-5

New Antioch Baptist Church of Randallstown

A Church Anchored in Christ

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New Antioch Baptist Church of Randallstown's Women's Ministry is designed to boost the spiritual, emotional, and physical awakening of women of all ages and life stages. We are especially committed to the salvation and progress of our youth, relationship seekers, and women who have lost their way.

To contribute articles, email:
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NABCOR Women's Ministries

Intercessory Prayer
Ministers' Wives' Fellowship
Women Connected in Christ Ministry
Diamonds in the Rough Ministry
D.R.I.V.E.N Ministry

S.W.E.E.T Ministry
Titus II Ministry
Wholesome Warriors
Bodies of Clay Dance Ministry
Aerobics' Ministry
Newsletter Ministry

Card Ministry
Women's Fellowship
Comfort Ministry
Grief Support Ministry
Women's Prison Ministry

