

# Becoming Whole Women in Christ

Women's Ministry Newsletter

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## Message from the First Lady

Sis. Ellen P. Barney

**Praise the Lord Sisters! Welcome to the 2017 Spring/Summer Edition of the Women's Newsletter! Can you believe that we are in another season?!!**

Thus with every season, there is a Change! A Change in nature and a Change in us... As long as we are in this body, there will be a Change, whether we agree with it or not. Change is Constant.

Albeit some individuals may be totally against the aging process that comes along with each season, **Change is still Continuous!** We can be confident, however, that the Lord has planned our lives according to His infinite wisdom. God Himself enjoys each season He purposed for us, *"For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope"* (Jeremiah 29:11). Wow! With this Scripture in mind, unquestionably we can rest that God has ordained our future! There is no Doubt about that! We can trust Him fully by enjoying His peace and presence on earth as well as in heaven. There the season remains the same, and that is eternally BEAUTIFUL with Christ. Now that's the season I am looking for— a season that will not Change!

As we walk in this new Season of Change, may we focus on the One who is in control of Change, and that is our great Savior, Jesus our Lord! **Hallelujah!**

I would also like to encourage you to take the time to read this edition of Becoming Whole Women in Christ (BWWC) Newsletter. If you are interested in submitting articles, please contact the BWWC ministry leader via either email listed on the last page of this edition.

In Christ,  
Sister Barney

## 2017 Prayer for the Women of NABCOR

By Sis. Angela Dickerson


Hallelujah Jesus for carrying, sustaining, keeping and delivering the Women of NABCOR throughout their unique trials, tests of faith and spiritual seasons of 2016! Let Your showers of blessing continue to be upon her life and her household. I know each woman is special in Your sight. Thank you Lord that as she confesses and repents of sin, she is forgiven and blessed (Romans 4:7). Just as she knows You Jesus and the fellowship of Your sufferings through salvation, becoming like You in Your death, help her to realize and walk in Your resurrection power as well when facing spiritual battles, in the name of Jesus (Philippians 3:10). Thank you for the safeguards from hurt, harm and danger. Let my sister walk in authority in covenant with You. Remove stagnation. Use her for Your glory in miraculous ways that she has not yet seen or known. Let her seek peace *Sar-Shalom* [Prince of Peace] and pursue it. Give her peace when she is tempted to doubt.

Break off any limitations and restrictions placed on her life by the works of evil, in the name of Jesus, even those of her own doing. Let her increase with the increase of God (Colossians 2:19). Let no unforgiveness or bitterness control her life. Holy Spirit, let her not make foolish

choices or decisions but walk in godly wisdom, the wisdom of the Word and the Spirit of wisdom. Release Your power in healing and deliverance for those afflicted with sickness. As she considers her ways, let Your power be at work in my sister as You order her steps to the many competing demands, choices and expectations in her life.

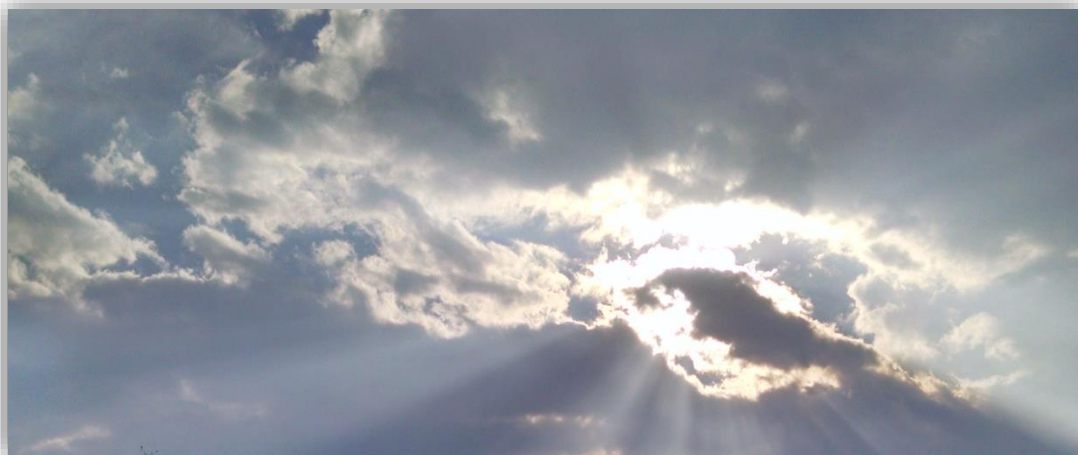
By the blood of Jesus, stand against the enemy and his army holding back her blessings or where the intent is to leave her carrying a bag full of holes (Haggai 1:6). Continue to defend her before the enemy (Psalm 94:22). Rebuke the devourer for her sake, so he will not destroy the fruits of her ground (Malachi 3:11). She is a child of the King. It is Your will that she have an abundant life and live like the woman You created her to be Lord, as her expectation is in You. Engage her in claiming the promises of God.

In her commitment to fasting and prayer, release the rain, the outpouring of Your Holy Spirit to saturate the dry places of her life and destroy the yokes that the enemy has set up against her. In the overflow of the anointing, dismantle deceptive hindrances, distractions and excuses. Cultivate a deep, ever-evolving personal relationship with You Lord. Bring forth a refreshing and renewal. Release new spiritual purpose and possibilities to her out of Your treasures, in Jesus name. We corporately pray for this House of God, knowing that as we are fortified and strengthened, it is fortified and strengthened. As we thrive, it thrives. As we are anointed, it is anointed. As we are blessed, New Antioch Baptist Church of Randallstown is blessed! Receive this prayer in faith Lord God to bring forth an awakening and revival among the women for NABCOR and Your ministries therein so the work of the Lord can be accomplished, Amen.



**I WANT TO KNOW CHRIST – YES, TO KNOW  
THE POWER OF HIS RESURRECTION AND  
PARTICIPATION IN HIS SUFFERINGS,  
BECOMING LIKE HIM IN HIS DEATH...**

Philippians 3:10 (NIV)



## Seven Last Words of Jesus Christ

By Sis. Rosalind Dyson

### ***"Father, forgive them, they know not what they do."***

In spite of the mocking, scourging and brutality Jesus suffered through, He still petitioned forgiveness for all, not just a select few. He bore the cross for all sinners as our vicarious sin Substitute.

Spectators at the cross realized not, Jesus was the Divine Lord of Glory. Ignorance and lack of faith caused them to reject Jesus' redemption story.

### ***"This day you will be with me in Paradise."***

One thief on the cross had a change of heart. In mocking Jesus, he ceased to take part. Through faith, he confessed his belief in the Lord Jesus Christ. By grace, he was saved and forgiven of all his wrongs. After his death, he was promised a home in Paradise with the King of Glory for eternity long.

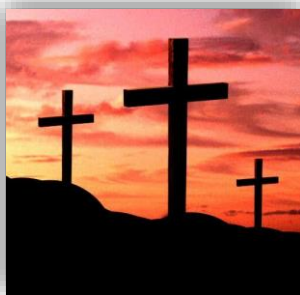
### ***"Woman, behold thy son" and***

### ***"Disciple, Behold thy mother!"***

Jesus focused not on His suffering, but on the care of others. He was concerned about his dear mother and fellow brother. He never said a word, nor complained, although he was in excruciating pain. In spite of the horrific wounds from flesh-piercing nails, Jesus' love and compassion for others still prevailed.

### ***"My God, my God, why have you forsaken me?"***

Wrapped in His humanity, Jesus made this plea, But He knew He had to bare the cross alone to make man free. While three hours of darkness and silence



enveloped the earth, God had to look away from the cross, as the Sacrificial Lamb bore the sins of the lost. Jesus suffered, bled, and paid the sin cost.

### ***"I thirst."***

In streams of His own blood, His body was immersed. For the "Living Water" to want mere water is perplexing and quite odd. Actually, Jesus desired the righteousness of God. At the pinnacle of his suffering, Jesus was given bitter wine, as foretold in the prophecy from the Testament of Old. After this fulfillment, His Crucifixion was coming to an end. Jesus' victory over sin and death was about to begin.

### ***"It is finished."***

What Jesus had been sent to do was perfectly accomplished. The work of atonement by way of the cross was completed. Oh Victory! The sting of death was defeated. The sin debt was paid in full; nothing more needed to be done. It all had been finished by the Incarnate One, embodied in the Only-Begotten-Son.

### ***"Into your hands I commit my spirit."***

Jesus was obedient to God's will and every command. With total trust, He surrendered His spirit into His Father's hand. He had completed his earthly mission of redemption, and now to the throne of God, Jesus' Spirit made its Heavenly Ascension.

## I Ain't Right, but I'm Real

By Sis. Yvonne Sims

Now that I have your attention, let's get down to business!

Christian women are faced with an increased number of stressors every day. We are expected to be awesome wives (if married), amazing moms, dedicated to the needs of our parents, superior professionals, exceptional God fearing women who get it right the first time, every time. While we are juggling all the above in the air, we think outsiders are expecting us to do it all with aplomb and a huge smile on our faces. Guess what? That's just not who I am; that's just not who we are.

Who am I? A broken, Christian woman who moves closer to God each day despite a myriad of imperfections. Me, imperfect? Oh, yeah! What you see is what you get ~ brokenness. A woman who previously strived for perfection first and relegated God to a close second place because I thought He needed me to be "perfect." After all, wasn't I supposed to be the "virtuous woman" in Proverbs 31?

## I Ain't Right, but I'm Real (continued)

By Sis. Yvonne Sims

So why was I falling short of my mark? Why was my relationship with God "lukewarm?" Simple. I had to be real with God. He expected me to come as I was and not as I thought he wanted me to be. Being "real" means having a desire for an honest, authentic and transparent life with God. Real enables us to experience more of God's grace and mercy. Being real means we wear the cracks in our armor with pride not shame, as those cracks were earned. No matter how often we attend church, work in the church, pray and say *Amen*, if we are not real ~ God will know. If our motives are not right, we have missed His mark. God is not asking for something we can't give Him. He simply wants us to come to Him the way we prepare for bed at night. Come with all the outer layers stripped off, a face free of make-up and showing the stress of the day, and a heart full and heavy of all that went wrong. It's when we are stripped bare before God, that we can acknowledge our shortcomings without shame or a need to "cover up." How did covering up work for Adam and Eve in Genesis 3: 7-11? It did not work at all. We must stop worrying about how others see us. I have learned that what others

think about me is none of my business. I don't need to focus on them; my focus should be on God.

**BUT HE SAID TO ME, "MY GRACE IS SUFFICIENT FOR YOU, FOR MY POWER IS MADE PERFECT IN WEAKNESS." THEREFORE, I WILL BOAST ALL THE MORE GLADLY ABOUT MY WEAKNESSES, SO THAT CHRIST'S POWER MAY REST ON ME.**

2 Corinthians 12:9 (NIV)

Sometimes, when we allow the wrong people in our home, things may be stolen. Like what you ask? Your joy, love, hope and faith to name a few. When we allow these things to be stolen, this only causes our armor to crack more and distances us further away from God.

We don't have time to continue to be fake Christian women dodging not just others but ourselves as well. We must accept being new creatures in Christ (see 2 Corinthians 5:17) and walk in faith knowing that God has His hands out stretched waiting to catch us when we fall. Remember, we

are still on the Potter's wheel and God is removing all the excess from us. We must stop reaching down and picking up what He has discarded! We need to stop dragging our past into our present and future. There's a reason it is called "the past." Holding on to our "junk" prevents us from being real with ourselves, others and more importantly with God.

Remember, none of us are perfect nor will we become perfect until we leave this earthly realm. We, Christian women, must desire to walk with God in all areas of our lives but we cannot do so until we accept our brokenness, our cracked armor, our imperfections and our fear of the disapproval of others because they are seeing our true, authentic self. If we truly desire intimacy with Jesus Christ, we must try to be real. When we are authentic, we will begin to crave a vertical relationship with Jesus Christ. It is the strength of this relationship that allows us to no longer fear others seeing our authentic selves. We must stop living in fear of what others think of us. Ladies, it's high time we all got real!

## About: Wholesome Warriors Ministry

By Sis. Pat Wilson

Wholesome Warriors Ministry is a Christian faith-based ministry for women that focuses on healthy eating and physical fitness according to the Word of God. This Christian weight loss ministry incorporates restoring overall health, emotional strength and relationship with Jesus Christ. This ministry was adapted from the PRISM Weight Loss Program developed by Toni L. Vogt; President, PRISM Weight Loss Program, Visalia California.

There are classes which include Wholesome Warriors I for newcomers to the ministry and Wholesome Warriors II is for women who have successfully completed Wholesome Warriors I and fitness training which includes cardiovascular training, muscular strengthening and abdominal exercises and stretching. The classes accommodate women at every level.

## About: Wholesome Warriors Ministry (continued)

By Sis. Pat Wilson

The mission of Wholesome Warriors Ministry is to connect women relationally for the purpose of spurring each other toward maturity in Christ by increasing their level of physical, spiritual, and mental health. The women will begin to feel better and accomplish all the Lord wants them to do and be in order to have good health.

The ministry's Scripture reference is Ephesians 6:10-18: The Armor of God. It's amazing how the Holy Spirit's perfect timing used this Scripture reference to coincide with Pastor Barney's February preaching series on this exact same Scripture; Ephesians 6:10-18. His series reinforced and validated Wholesome Warriors' ministry mission and objective. It gave women even more biblically-based ammunition to battle the evil spirits of overeating, food addiction, obesity, gluttony, over indulgence, greed, self-destruction and sin (Phil. 3:19, Proverbs 23:2; 23:20-21).

The Wholesome Warriors Ministry classes include prayer, scripture, praise and worship, weigh-ins, food journaling, daily Scripture readings, reading lessons, and healthy eating education classes.

The goal of Wholesome Warriors is for women to be restored to health and fitness to bring God glory. Many of the women have lost weight, been delivered from medications and the sin of unhealthy eating and unfit bodies while at the same time, looking and feeling great. It is a ministry for any woman looking to be physically fit and nutritionally healthy.

To God be the glory.



## Upcoming Events

### New Antioch Baptist Church Summer Camp

June 26 – August 18

*Theme: Super GOD: Discover your strength in God*  
1 John 4:4

Cost is \$135/week or \$1,080 for 8 weeks  
\$100 discount if paid in full by May 1, 2017  
No refunds after April 16, 2017  
Balances are due by June 4, 2017  
\* Contact the church for more details



### Usher's 25<sup>th</sup> Anniversary

September 24 @ 4 p.m.

*Theme: "Light of the Word"*  
Psalm 27:1 & 1 Peter 2:9

Speaker: Bishop Reginald Kennedy, Gospel Tabernacle Baptist Church

# New Antioch Baptist Church of Randallstown

A Church Anchored in Christ

Pastor Kenneth L. Barney, Sr., D.D.

## Contact Info:

5609 Old Court Road  
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(410) 521-7866

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Mon., Tues., & Thurs. 6 p.m.-8 p.m.  
(410) 521-6125  
(410) 521-6126

Website: [www.newantiochbc.org](http://www.newantiochbc.org)

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**Director of Women’s Ministry:**  
First Lady Ellen P. Barney

**Leader/Editor/Layout:**  
Sister Chanel Trussell

New Antioch Baptist Church of Randallstown’s Women’s Ministry is designed to boost the spiritual, emotional, and physical awakening of women of all ages and life stages. We are especially committed to the salvation and progress of our youth, relationship seekers, and women who have lost their way.

To contribute articles, email:  
[becomingwholewomeninchrist@yahoo.com](mailto:becomingwholewomeninchrist@yahoo.com)

## NABCOR Women’s Ministries

Intercessory Prayer  
Ministers’ Wives’ Fellowship  
Women Connected in Christ Ministry  
Diamonds in the Rough Ministry  
D.R.I.V.E.N Ministry

S.W.E.E.T Ministry  
Titus II Ministry  
Wholesome Warriors  
Bodies of Clay Dance Ministry  
Aerobics’ Ministry  
Newsletter Ministry

Card Ministry  
Women’s Fellowship  
Comfort Ministry  
Grief Support Ministry  
Women’s Prison Ministry

