

# Becoming Whole Women in Christ

## Women's Ministry Newsletter

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### Message from the First Lady

Sis. Ellen P. Barney

Can you believe that 2017 is three-quarters past and nearing its completion!? Where did the time go, *especially* when we are aging?

It seems that time no longer walks, but *it runs*. Life, it appears, is taking a more rapid race to our future. And with such certainty, drawing closer to Christ becomes essential... or it should be. James 4:8 tells us to ***draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.***

As we see and hear of catastrophic events occurring throughout the world, I believe personally that these events are a prelude to His second coming. An increased desire for intimacy with Christ must be front and center concerning our goals. Our testimonies and life applications also must reflect a mentality of being found in Him, not having our own righteousness.

Let us aim, as Paul expresses in Philippians 3:10, ***to know Him and the power of His resurrection***, not with mere intellectualism but also with an intense relational experience. ***Let us run this race that is before us with patience*** (Hebrews 12:1) and with perseverance, so that we may obtain our crown and embrace His glory forever and ever!

Also, I would like to encourage you to ***take the time*** to read this *Fall/Winter* Edition of *Becoming Whole Women in Christ (BWWC) Newsletter*. If you are interested in submitting articles, please contact BWWC ministry leaders or visit the website listed on the last page of this edition.

May we embrace the LORD as we run this race called "Christianity"!



## NABCOR Women's Retreat 2018

By Sis. Donna Gray and

The Women's Executive Retreat Planning Committee

Our 2018 Women's Retreat will be held **Thursday, October 25, 2018, through Saturday, October 27, 2018**, at *The Hyatt Regency Chesapeake Bay Golf Resort, Spa & Marina*, in Cambridge, MD. The theme of this God-inspired fellowship is **"He Is Still God"** (Daniel 3:17-18). Start planning *now* to attend and invite a sister as well. We are trusting God for an outpouring of His Spirit and a renewed hope in **HIM**.



### Dear Woman...

By Sis. Tashawn Smithrick



**Dear Woman**, like many days before it, today was a fight. You fought to get out of bed after only a couple hours of sleep because the kids wouldn't sleep, you had a disagreement with your hubby, you had to study for your class, you were working the midnight shift, or you were up laboring in love for the people of God. You fought to feel beautiful when you looked in the mirror and saw that everything wasn't the exact size, shape, color, length, or style that you wanted it to be. You fought to be loving as you left the house and either no one was there to say, "I love you" or the person that was there hasn't bothered to "love you" in a very long time.

That fight continued as you walked onto the job into an atmosphere of gossip, backbiting, unforgiveness, and mistreatment. Today, you fought to be kind to your clients despite your lack of rest and their nasty attitudes. You fought to be forgiving toward the people that couldn't care less about how they made you feel. You fought to see the goodness in every person with whom you came in contact. After all of that was over, you fought to get home. Trying hard to be patient, you want nothing more than 10 minutes tucked away in a quiet place. Instead, you've gotten traffic lights, loud horns, inconsiderate pedestrians, and road-rage maniacs! Yet somehow, someway, you've made it to this moment to read this letter.

**Dear Woman**, even in your exhaustion, *know* that you are **BEAUTIFUL** both inside and out.

Your **HEART** is beautiful.

Your ability to love even when you're not loved is beautiful.

To love those that seem unlovable is beautiful.

Your desire to follow Jesus is beautiful.

Your desire to be close to Him and really *know* Him is beautiful.

Your tenacity to make it over every mountain and through every valley is beautiful.

Every imperfect thing about your external self is beautiful too.

**Dear Woman**, be happy with every inch of who you are! Darling, you are **INCREDIBLE!** You're a real-life superwoman! Who else is filled with all the gifts and talents you have and willingly give to bless others? Who else manages multiple schedules and still finds time to try to make others smile? Whose smile lights up a room? Who can change the tempo like you do? **Nobody!** There's not a person on the earth that matches you. You are **UNIQUE**. Every hair on your head is numbered by God himself (Matthew 10:30). **Wow!** He created you in His image and reminds you in His Word that **you are fearfully and wonderfully made** (Psalm 139:14).

## Dear Woman... (continued)

By Sis. Tashawn Smithrick

Who cares if things get a little crazy sometimes? It happens! But what may seem crazy to you is just part of God's plan to prosper you and give you hope (Jeremiah 29:11). Now *that* should make you smile!

**Dear Woman**, there are so many layers to who you are. Don't be ashamed. Don't hide them. Don't walk in defeat. Let God break you to heal you so He can remind you of just how much He thinks you're worth! To paraphrase psalmist Anthony Brown, *you are worth saving. You are worth keeping. You were worth dying for so Jesus sacrificed His life for you to be free and whole.* **HONEY, YOU'RE WORTH IT!** Now walk in His Grace and be great! ♥

## Poetic Expression of the Names of God

By Sis. Rosalind Dyson



**Elohim** means “**God the Creator**” who created and formed everything by His Divine creativity; By His Word, Heaven and Earth were spoken into existence, literally. God the Father, the Son, and Holy Spirit were there as the Trinity.

**El-Elyon** means “**Most High**” and exalted God who reigns and rules the universe alone; By His supreme sovereignty, He can never be superseded or dethroned; He is the eternal King of Glory for eternity long.

**Adonai** means our “**Lord**” and Master who has absolute dominion and control; As His servants, His Word we are to obey and uphold; In obedience, surrendering our lives, heart and soul to Him alone.

**El-Roi** means “**The God Who Sees Me**” at all times; there is no place we can hide; In times of trouble, He rescues us in the nick of time; He is our merciful lifeline.

**El-Shaddai** means “**God Almighty**,” the All-Sufficient One; His blessings are unimaginable, but by His Power they can be done. He has the power to turn impossibilities into blessed realities.

**Jehovah-Jireh** means “**The Lord Will Provide**”; He blesses us with needed provisions; He knows and supplies our every need by His omniscient fore-vision.

**Jehovah-Yahweh** means “**I AM That I AM**”; the pre-existent, self-existent God; Nothing for Jehovah is impossible, too enormous or too hard. He is unlimited; He can do it ALL.

**Jehovah-Rapha** means “**The Lord Who Heals**” our sicknesses, diseases and infirmities; He can heal our spiritual, physical, and emotional maladies.

**Jehovah-Nissi** means “**The Lord Our Banner**”; by His might our victory is guaranteed; Against His Power and Strength the enemy will never succeed.

**Jehovah-Shalom** means “**The Lord Our Peace**”; rest in Him and live life stress-free; By His spoken command the storms and chaos of our lives will cease.

**Jehovah-Sali** means “**The Lord Our Rock**”; He is the only foundation on which we can trust and depend; The Everlasting Rock is our strength, hiding place, and defense; He’s a fortress and dwelling place where we can find safety therein.

**Jehovah-Rohi** means “**The Lord Our Shepherd**” and Guide; He leads and protects us from evil lurking along the wayside; Under His watchful eye and care, we can safely abide.

## Poetic Expression of the Names of God (continued)

By Sis. Rosalind Dyson

**Jehovah-Ezer** means “**The Lord Our Help**” and our shield against the enemy’s ill will; Our Helper will guard and keep us from threatening ordeals. Call for help, sound the alarm; He will protect us from hurt and harm.

**El-Gibbor** means the “**Mighty Warrior God**” who will destroy all evil and Israel’s every foe; This apocalyptic battle will occur in Jazreel Valley on the Plain of Megiddo.

**El-Olam** means the “**Everlasting God**”; Eternal with no beginning and no end; Alpha and Omega, infinite; He cannot be boxed in; Time and space, He transcends.

**Jehovah-Shammah** means “**The Lord is There,**” in the past, present, and future as He declared; For us, His children, a future and a hope He has already prepared; On that great day, His Glory in the New Jerusalem will fill the air, how extraordinaire.

**El-Echad** means “**The One God,**” the only true and living God, Creator, Savior, the LORD of all; others who claim to be equal are mere frauds.

## Letters to Women

By Sis. Tashawn Smithrick



waiting right there for us. Keep praying for your babies and always be there, waiting for them to return. Keep the light on. Love them through their struggles *and let God do the rest!*

**Dear Single Woman**, there is *nothing* wrong with you! You are worthy to love and to be loved....**NOBODY CAN LOVE YOU BETTER THAN JESUS!** Let Him love you unconditionally. Let Him heal the wounds and tell you that even with scars you are breathtakingly beautiful. If you do not desire marriage, embrace your singleness. Don't be manipulated into thinking you are broken and unfixable because you are single. **That's a lie!** Fall so deeply in love with God on this life journey, and your life will be more fulfilled than you ever imagined!

If marriage is a desire of your heart, trust God to give you that. Let Jesus show you the right man... One that your scars won't give an excuse to run! Instead that man will want to hold you a little closer, hug you a little longer, and love you even more deeply! He'll work with you not against you. He'll make you more comfortable than you thought possible in your most vulnerable moments with him. If a man is unwilling to do that, he's not the one. Don't let any man chip away at who you are so much that you've lost your ability to recognize the great things God gave you to offer.

**Nothing is too hard for God!** He has gifted you with an amazing ability to be open with, nurture, encourage, support, understand, uplift, pray for, and unconditionally love the **RIGHT** man...Sooo....fall so deeply in love with God while you wait, **because that man will have to know God for himself to find you!**

**Dear Married Woman**, marriage is hard, but God has you covered. Keep praying for your marriage and your husband; **God will work it out!** You don't think your husband loves you as he should? Keep respecting him, loving him, and praying for him. You keep doing what God has told **you** to do *and let God do the rest!*

**Dear Mother**, your children might stray, but they'll come back. God said if you raise up your children in the way they should go, when they're older, they won't depart (Proverbs 22:6). Most of us have had some "prodigal child" experiences (whether we want to talk about them or not), but we found our way back home, and God was

## Salt & Light

By Sis. Chanel Trussell



What do you do with rice? Most of us put salt on it. Some like to add sugar, but that is for another article. Hard-boiled eggs? Put salt on it. Fries? Yup, put salt on them. If you are like me, you put salt on grits and a baked potato, too!

Why do we add salt? Simply put - it makes food taste better! We add a sprinkle or two for good taste. But whoaaa, if we sprinkle too much, the food becomes unappetizing, ruining the dish! Just as we should use care to sprinkle salt responsibly on our food, we can apply the same care when we sprinkle our spiritual salt on others.

If we are overpowering, overbearing, and pushy Christians, we are adding too much salt. We can share the Good News in our words and actions with just the right amount of seasoning. A dash of *"How are you, Sis?"* and a pinch of *"Oh, I see you are hurting; let's pray together"* can really "season" a relationship so that it is appetizing and satisfying. Too much *"She calls herself a Christian, yet she acts like that"* and too many shakes of *"delivering gossip by rationalizing it to be a prayer request"* would ruin the relationship, making it no longer appealing.

As we enjoy our blessings and seek to grow closer to the Lord, and as we think about our salt containers, we want to ask the Holy Spirit to help us to know the right amount of salt to use on our relationships at work, at home, at church, and also to those we encounter on the street. I pray that our words and our actions will be genuine and "seasoned" with the right amount of salt!

Our Lord has the perfect recipe; we just need to ask Him for it as we seek to "perfectly season" those we meet. Let us not be salty, but let us "flavor" one another with God's perfect blend of salt and light!

You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Matthew 5:13-16

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New Antioch Baptist Church of Randallstown's Women's Ministry is designed to boost the spiritual, emotional, and physical awakening of women of all ages and life stages. We are especially committed to the salvation and progress of our youth, relationship seekers, and women who have lost their way.

To contribute articles, email: [becomingwholewomeninchrist@yahoo.com](mailto:becomingwholewomeninchrist@yahoo.com)

## NABCOR Women's Ministries

Intercessory Prayer  
Ministers' Wives' Fellowship  
Women Connected in Christ Ministry  
Diamonds in the Rough Ministry  
D.R.I.V.E.N Ministry

S.W.E.E.T Ministry  
Titus II Ministry  
Wholesome Warriors  
Bodies of Clay Dance Ministry  
Aerobics' Ministry  
Newsletter Ministry

Card Ministry  
Women's Fellowship  
Comfort Ministry  
Grief Support Ministry  
Women's Prison Ministry

